

Key points for grade examination

Key points of the examination

- When your name is called, respond clearly.
- The examiner sits on the far right facing the front.
- The examinee sits on the right side.

The Uke should be at the same rank or level as the examinee and sit on the left.

- Bow properly before and after the examination.

Front → Examiner → Each other.

Each other → Examiner → Front.

Or follow the examiner's instructions.

- If you make a mistake, don't shout and try the technique again.
- Do not make any unauthorized comments during the examination.
- The Uke will not take uke by himself if Uke has not been thrown.
- Perform the wazas, techniques instructed by the examiner.

Continue doing in a left-right, Omote-Ura, or left-right sequence until you hear the command to stop.

Common points of techniques

- Are you able to clearly distinguish between the Omote and Ura of the technique?
- Are you performing the technique with good posture?

Keep your body vertical at all times.